

SPECIAL
POINTS OF
INTEREST:

- Children's Programs
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- Desserts! Desserts!
- One For All Store
- Glade House

Happenings

SUMMER 2010

Children's Programs By: Heather Bruner, Children's Program & Data Reporting Manager

Looking back, the first half of 2010 was full of blessings! The children's program events have brought our families together and helped to enrich the lives of the children we serve!

In February, House of Ruth launched a partnership with Big Brothers and Big Sisters of Kentuckiana. While still a small program, these big/ little matches have already shown to be shaping the lives of the kids in the program! We continue to look for volunteers who are energetic and enthusiastic about building a relationship with one of the children that we serve with a goal of doubling the size of the program by the end of the year. Please contact Heather Bruner if you are interested.

This year, House of Ruth partnered with two different overnight summer camps that were offered (free of charge) to children affected by HIV in the area. In its 12th year, Camp Heart to Heart was able to serve 50 campers! Campers participated in activities which included swimming, canoeing, archery, and crafts. The children also enjoyed surprise visits from Raptor Rehab and the Shakespeare Festival! Additionally, House of Ruth was also able to partner for the first time with the Jameson Camp in Indianapolis for their Camp Tataya Mato! This nationally recognized camp serves children ages 7-17, and allowed the kids to participate in sports, campfires, a ropes course, and even an overnight canoe trip! It was truly a blessing for these kids to get away from their day-to-day lives and be exposed to new and challenging opportunities!

Currently, the Children's School Success Program is organizing and preparing to distribute items for back to school. We plan to provide at least 250 children with school uniforms, backpacks, and supplies in the next few weeks. Continued on Page 3

Volunteer Spotlight: Daniel

We really appreciate our volunteers at House of Ruth! Their continued service to us is invaluable and we cannot thank them enough. Daniel is one of our superb volunteers and comes to House of Ruth a couple of times a week to assist in our Clothes Closet for clients and even helps at the reception area when we are short staffed. Here is a short interview we conducted with him about himself.

Q. Why do you volunteer for House of Ruth Daniel?

A. I wanted to give back to House of Ruth for giving what they have so freely given to me.

Q. How long have you volunteered for House of Ruth?

A. Since November 2009

Q. What do you find to be some of the benefits of being a volunteer?

A. The satisfying feeling of being of service and it looks great on my resume!

Q. What would you tell others who are considering becoming a House of Ruth volunteer?

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Volunteer Spotlight:

Daniel

Cont'd from Page 1

A. If you are looking to be that person that can make a positive impact on other people's lives, volunteer at a place where they make you feel apart of their team and make sure that you have the time to commit to those ends. I can't think of a better place than House of Ruth to volunteer.

Daniel enjoys arts & crafts, bowling & playing bingo. Some of his interests include studying Anthropology and Ancient Civilizations. He has visited almost every metropolitan city in the continental U.S.

Thank you for such outstanding service Daniel! If you are interested in volunteering for House of Ruth, visit our website at: www.houseofruth.net or email: mmossholder@houseofruth.net or bmorgan@houseofruth.net

WISH LIST

If you are unable to volunteer but would still like to support us, we are always in need of donated items such as: school supplies, Wal-Mart/ Target gift cards, household supplies & toiletries. Thank you!

Glade House - Changing With The Times

The Glade House Program continues to evolve in the efforts of House of Ruth to offer relevant services that meet the growing needs of an expanding HIV population. For many years, Glade House (GH) has been committed to providing permanent supported housing in a safe drug free environment for individuals living with HIV and AIDS. Programming at GH has been enhanced to include twenty four hour (24) support, daily life skills, motivational counseling, group therapy, and an offsite intensive out-patient program and a comprehensive inpatient program are now available for those residents in recovery from drugs and/or alcohol.

As a result of program expansion, we are proud to announce that Glade House is currently operating at full capacity and has

been doing so for nearly a year. The focus of the GH program is changing with the evolution of HIV and how the disease is medically treated. Individuals diagnosed with HIV are living longer as a result of comprehensive compound drug therapy. Glade House residents are encouraged by staff and each other to change their thinking about HIV and AIDS. Since new HIV medications help to prolong the lives of those infected, some health care professionals are treating HIV as a chronic illness. This approach to treating HIV helps to ease some of the stigma, myths and despair associated with the disease.

All GH residents come to House of Ruth homeless and seeking shelter. Once most clients have been accepted into the GH program and are stable,

physically and emotionally, they are encouraged to volunteer, attend school, or find employment.

Moreover, the GH program has helped to restore dignity and independence to a population that has been stigmatized and/or disenfranchised by homelessness and HIV. Self-sufficiency is the overarching goal for Glade House residents and program participants acquire the skill set needed to increase their productivity. As a result of positive outcomes, GH is in the process of changing its focus from a permanent supported housing model to a transitional housing model in an effort to prepare even more residents for independent living in our community...

Leslie Cairo
Programs Director

Welcome New

Board Members!

Libby Burks-Weathers
Michael Cordy
Christopher Eichenberger
Tara Kinslow
Chuck McIntire
Cooper Sinclair
Rod Thomas
Randall Vaught, DMD
Kevin Wooden

One For All Store

Do you have a bunch of clothes that you never wear anymore? Are you preparing to buy new clothes for the Fall season? Consider donating your gently used clothing to the "One For All" store which accepts clothing, usable furniture, household goods, jewelry and other items. These items are resold and the proceeds benefit House of Ruth and Glade House. The One For All store is located at 1975

Douglas Blvd. For more information about the store, or how you can help, please call Mr. Les Downs at (502) 451-1963. Les Downs is a member of the Board of Directors for House of Ruth.

Thanks One For All!

Take a look at their new website: http://www.oneforallconsignment.org/Glade_House.html

Another Sweet Success!

The Cathedral of the Assumption's 21st Desserts! Desserts! Festival took place on June 4, 2010. The event is sponsored by the AIDS Ministry Awareness Committee at The Cathedral and the event is organized and led by volunteer, Pat Hagerty.

Area restaurateurs, bakeries, and caterers donated sweet treats to be sold to the public in the Cathedral's Undercroft. This year's event raised over \$4000! All proceeds raised at the event go to benefit House of

Ruth and Glade House.

Many thanks to Pat Hagerty and The Cathedral of the Assumption, the many volunteers who gave their time and talents and to all of the restaurants, bakeries and supporters who made this year's event another sweet success!



From Left Top: Jim Serdenis & Joe Williams
Below: Desserts from The English Grill, Nancy's Bagel Grounds & more



Louisville AIDS Walk 2010

**WHEN: Sunday,
September 26, 2010**

**WHERE:
The Belvedere**



You can form a team and walk in order to support HIV/AIDS service providers in Kentucky! You may also join our team and help us compete.

**For more information about the Walk, or to join our team, please visit,
www.louisvilleaidswalk.org**

Children's Programs

Cont'd from Page 1

With the end of the summer and (hopefully) cooler temperatures just around the corner, we at House of Ruth are already beginning to plan our biggest endeavor of the year- the Holiday Assistance Program! The Program is 100% sponsor based and is, therefore, completely dependent on community support. If you are interested in sponsoring a child this year please contact Heather at (502) 587-5080 Ext. 20. As always, thank you for your support of House of Ruth, our children, and our parents! Best wishes to you and yours for the next half of 2010!

Did You Know?

- We served 1,228 (clients and family members) in 2009
- 10-15 new clients are assessed each month for services
- Nearly 40,000 TARC tickets were distributed to clients to secure them with transportation to medical and counseling appointments in 2009
- The back to School Assistance Program provided school supplies & backpacks for:
 - 102 children in the Spring
 - 168 children in the Fall
- Monthly Collaborative Workshop Topics 2010

Feb	- How to Apply for Disability (AIM)
March	- HIV & Depression (VOA)
April	- Community Resources (HR)
May	- Numbers that Count/ Understanding your Labs (AIM)
June	- Disclosure/ How to Tell Others (HR)

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A Special Thanks!

The Catholic Heart WorkCamp, based in Madison, Wisconsin, came in June to revitalize our property. Led by Tim Blattel, the group of seven completed yard work on our St. Matthew Campus and re-painted a room that we utilize for clients. Much of the group consisted of highschoolers who have a passion for community service and a desire to "serve the neglected, brokenhearted and marginalized in any way needed". Thank you!!!
To Learn More Visit:

<http://heartworkcamp.com/index.html>

We'd also like to thank Shelli Carpenter, Founder/Director of Eternal Health Yoga for the fundraiser she held for House of Ruth in April. In conjunction with Eternal Health Yoga's four year anniversary, Shelli hosted a free day of yoga, accepting monetary donations for House of Ruth. She even collected a basket of socks for our clients! Thank you!!!

To Learn More Visit:
<http://eternalhealthyoga.com/>

Thank you Jodie Tingle-Willis for offering free weekly Yoga classes to our clients!

Jodie also offered a free hiking and yoga class as a fundraiser in June. She accepted donations for House of Ruth. Thank you!!!

We also want to recognize the outstanding service of the University of Louisville nursing students, led by Myra Goldman, who have held a series of health fairs for our clients.

As well as the program associated with the University of Louisville Pre-med and Pre-dental students, led by Katie Leslie who helped with cleaning and reorganizing on the St. Matthew Campus.

Thank you!!!



SAVE THE DATE

Back to School Jam
Meyzeek Middle School
10am - 1pm
August 7, 2010

Louisville AIDS Walk
September 26, 2010

Third Ave Café's
Annual HallowQueen Event
October 23, 2010

Dining Out for Life Event
December 1, 2010